

DofE Subject Overview (2024-2025)

2 year programme to complete the specified level of the award.

- Year 1 focusses on completing the physical and skills sections with continued development / introduction to the expedition training.
- Year 2 focusses on completing the expedition and volunteering sections.
- Over the 2 years all 4 sections of the award will have been covered.
- For Volunteering, Physical and Skill, there is a requirement to spend 1 hour a week working on these sections, which can be 3, 6 or 12 months depending upon the timescales the pupils select.

	Autumn 1	Autumn 2	Spring1	Spring2	Summer 1	Summer 2
Bronze & Silver award Year 1 (2024-2025)	<p>Expedition training Including:</p> <ul style="list-style-type: none"> • Outdoor cooking • Erecting tents <p>Investigating possible physical activities.</p> <p>Selection of physical activity.</p> <p>Start to build hours towards physical activity.</p> <p>Investigating possible skills activities.</p> <p>Selection of skills activity.</p> <p>Start to build hours towards skills activity</p>	<p>Expedition training Including:</p> <ul style="list-style-type: none"> • Outdoor cooking • Erecting tents <p>Continue to build hours towards physical activity.</p> <p>Continue to build hours towards skills activity.</p>	<p>Expedition training Including:</p> <ul style="list-style-type: none"> • Classroom based navigation training. • Practical navigation training <p>Continue to build hours towards physical activity.</p> <p>Continue to build hours towards skills activity.</p>	<p>Expedition training Including:</p> <ul style="list-style-type: none"> • Classroom based navigation training. • Practical navigation training <p>Continue to build hours towards physical activity.</p> <p>Continue to build hours towards skills activity.</p>	<p>Expedition training Including:</p> <ul style="list-style-type: none"> • Classroom based navigation training. • Practical navigation training <p>Continue to build hours towards physical activity.</p> <p>Continue to build hours towards skills activity.</p>	<p>Expedition training Including:</p> <ul style="list-style-type: none"> • Classroom based navigation training. • Practical navigation training <p>Completion of physical activity Review of physical activity</p> <p>Completion of skills activity Review of skills activity</p>

<p style="text-align: center;">Bronze & Silver award Year 2 (2025-2026)</p>	<p>Expedition training Including:</p> <ul style="list-style-type: none"> • Outdoor cooking • Erecting tents • Fitness work for expeditions. • Issuing of individual / some group kit. <p>Look at different, volunteering activities Agree choices Start volunteering activities.</p>	<p>Expedition training Including:</p> <ul style="list-style-type: none"> • Outdoor cooking • Erecting tents • Fitness work for expeditions. • First aid training • Emergency procedures. <p>Continue building hours of volunteering activities.</p>	<p>Expedition training Including:</p> <ul style="list-style-type: none"> • Classroom based navigation training. • Fitness work for expedition. • Countryside code • Practical navigation training • <p>Continue building hours of volunteering activities.</p>	<p>Expedition training Including:</p> <ul style="list-style-type: none"> • Planning of qualifying route • Classroom based navigation training • Selecting aim of expedition 	<p>Expedition training Including:</p> <ul style="list-style-type: none"> • Recapping of camp craft. • Final preparation for expeditions. • Practical navigation training 	<p>Expedition training Including:</p> <ul style="list-style-type: none"> • Review of expedition. • Create the presentation. <p>Any additional hours of volunteering that need to be completed.</p>
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